

2020  
2021

**ANNUAL**  
Report

## **The Grace Dart Foundation Annual Report 2020-2021**

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1310 Greene Avenue, Suite 200, Westmount, Quebec, H3Z 2B2  
Phone: (514) 742-9853  
**Charitable registration number: 118922103 RR 0001**

[info@fondationgracedart.com](mailto:info@fondationgracedart.com)

**f** <https://facebook.com/FGDorg>

**t** [twitter.com/FGDorg](https://twitter.com/FGDorg)

**in** <https://linkedin.com/company/fondation-grace-dart-foundation>

### **Design - Content - Translation:**

Surrey House Communications  
[info@surreyhousecommunications.com](mailto:info@surreyhousecommunications.com)

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Over the last two years, **\$4.7 MILLION** was donated to over **79 organizations** in the Greater Montreal area.

2020 - 2021	2019 - 2020
More than <b>\$1.5 Million</b> was donated to <b>35 GMA*</b> organizations that serve the elderly	<b>\$3.2 Million</b> was donated to <b>44 GMA*</b> organizations that serve the elderly including <b>8</b> long-term care facilities

**The Foundation was very concerned about the impact of COVID-19 on its community and so increased its funding to long-term care facilities.**

**\$362,000 was donated to The Ste- Anne's Hospital and The Grace Dart Centre. Both are long-term care centres (CHSLD) of the Montreal West Island Integrated University Health and Social Services Centre (MWI IUHSSC) - commonly known as CIUSSS**

**\$316,800** was donated to fund research projects affecting the elderly.

**\$785,000** was donated to fund Montreal area non-profits.

**23,500** people helped through the Foundation's support.\*

**4,258.31** square kilometres: area covered by the Foundation - Greater Montreal is the most populous in Canada after the Greater Toronto Area (GTA).<sup>1</sup>

**774,749** reside in the Greater Montreal area <sup>3</sup>. By 2036, this figure will increase by almost 45% and will affect mostly the eastern and westernmost parts of the island.<sup>2</sup>

In the province of Quebec there are **1,553,112** citizens over 65 years of age, of which **323,620** reside in the city of Montreal.<sup>3</sup>

\*estimation based on the long-term care facilities occupancy and number of clients of non-profits and foundations

<sup>1</sup>Source: Statistics Canada 2015

<sup>2</sup>Source: Santé Montréal 2016

<sup>3</sup>Source: Statistics Canada 2017

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## Our Mission - Vision - Values

### OUR MISSION

The Grace Dart Foundation, continuing over 150 years of history, provides Love and Care to the Grace Dart Community in Greater Montreal by supporting a warm and personal living environment for the well-being of the elderly.

### OUR VISION

We wish to bring Love and Care to as many elderly people as possible in residential and long-term care centres (CHSLD) and to support non-profit organizations that contribute to the well-being of the elderly in the Greater Montreal area.

## OUR VALUES

### RESPECT

To recognize the intrinsic value of each person we help, because every resident of a long-term care facility and elderly person in our society deserves to be valued.

### DIGNITY

To treat our elderly by offering help and special attention in their everyday lives in the manner which they deserve to be treated as important members of our community.

### KINDNESS

The manner in which we approach our elderly population guides the actions of the Grace Dart Foundation. Our work embodies our motto: *Love and Care*.





### **BASIC NEEDS**

Donations covering basic needs include clothing, shoes and toiletries. It may include requests for assistance in creating a place or system to distribute basic amenities. For example, the creation of a system to distribute second-hand clothing to residents. Food banks and housing assistance programs are also considered under basic needs.



### **LONELINESS AND ISOLATION**

Donations designed to meet the needs of people in isolation are aimed at those who have physical or psychological problems and are unable to leave their rooms in institutions or their homes. Music therapy, pet therapy, support programs and specific volunteer activities are designed to help lessen the feelings of loneliness and isolation.



### **SOCIALIZATION AND PERSONAL DEVELOPMENT**

Donations to a group activity designed to foster discussion, creativity, and involvement in their environment through the enjoyment of a special activity or a cultural event. For the elderly living at home this could include fun activities that ease loneliness or creative programs that help people get involved and contribute to their community.



### **COGNITIVE DISORDERS**

Donations to programs that include activities and tools used to aid people suffering from cognitive disorders such as Alzheimers, stroke, etc.



### **LIVING ENVIRONMENT**

Donations that help create an environment where people feel at home while being part of a community. These may include programs that support a warm, personalized living environment, that promotes autonomy, respect, dignity, intimacy, identity, self-determination, quality of life, consistency, and safety, self-esteem, maintaining meaningful ties and adapted care and services.

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## Message From the President

**A**s I write this message, we, as a community in Montreal, are still feeling the effects of the pandemic, in lives lost, economic uncertainty and restricted movements. The pandemic affected the elderly deeply: it heightened their sense of isolation and loneliness, lack of socialization, and a restricted living environment.

The Foundation focused its funding this year in supporting organizations that were most shaken by the pandemic yet who were creative and driven to find ways to adapt their programs to reach out to the elderly in our community. I commend our Board for their ability to see the potential of so many varied organizations, and to envision the huge impact the Foundation could have at so many different levels. We have featured a sample of the many of organizations we supported later in this report in the Testimonial section.

In these unprecedented times, the Foundation continues to be anchored to its five areas of giving: basic needs, loneliness and isolation, socialization and personal development, cognitive disorders, and living environment. It has been able to productively renew and expand its reach into communities across the Greater Montreal Area.

In 2020-2021 we donated over \$1.5 million to more than 35 organizations.

We were very pleased to announce late last year that we had moved our offices to a more practical and central location on Greene Avenue in Westmount. We look forward to being able to host meetings, events, and workshops, etc. for our donors and our

community. This multi-purpose and flexible office space will help us come together to learn, share ideas, and collaborate with other foundations and organizations. The Grace Dart Foundation believes in working together to make a difference in our community. We hope to announce more about the use of our new space in the fall.

We look forward to continuing to provide **Love and Care** to the elderly through innovative approaches in a changing world. We anticipate



building and collaborating with organizations in our field and invite our donors to support our dedicated team at the Grace Dart Foundation.

*Elise Nesbitt*  
*President & Chair of the Board of Directors*

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## Board of Directors



Elise Nesbitt  
Chair



Jaiwad Khan  
Vice-Chair



Michael Martin  
Secretary



Josée Léger  
Treasurer



Alain Fillion



Ronald Kaulbach



Guylaine Morin



Diana Mulrooney



Christopher Palin



Aldo Sylvestre



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## Testimonials - Stories That Touched our Hearts

### JSS MEDICAL RESEARCH

Jim Cochrane approached the Foundation early in the pandemic wanting to reach out and help with PPE (personal protective equipment) for the local hospital. The Foundation was able to help facilitate his donation.



From left to right: Jim Cochrane, Elise Nesbitt

*"I was impressed like many of you with the brave efforts of our colleagues who work in COVID19 conditions in two local long-term care facilities. I was equally impressed with the generous donations by JSS Medical Research. I thought I could contribute and started a fundraising campaign among my colleagues to aid in the purchase of additional PPE for our long-term care facilities during the COVID19 crisis. The Grace Dart Foundation in association with the CIUSSS de l'Ouest de l'Île de Montréal understood the need to help. I reached out to my JSS colleagues and asked that they make a donation of multiples of \$12 towards the purchase of one or more N95 masks. In the end, we were able to raise \$1,500 and provided 100 masks! JSS Medical Research purchased the masks and I was happy to deliver them to the Grace Dart Foundation on their behalf."*

*Jim Cochrane  
Clinical Research Associate, JSS Medical Research*

### MCGILL UNIVERSITY

McGill University is one of Canada's best-known institutions of higher learning and one of the leading universities in the world. With students coming to McGill from over 150 countries, our



Principal Suzanne Fortier

student body is the most internationally diverse of any research-intensive university in the country.

*"I wish to thank the Grace Dart Foundation for its gifts to the Faculty of Dentistry and the Montreal Neurological Institute-Hospital. I am deeply appreciative of the Foundation's dedication to collaborative initiatives that improve access to health and dental care. Despite the present challenges, we continue to witness tremendous acts of kindness. The Foundation's leadership is testament to this. I thank the Foundation for its generosity, and its contribution to the wellbeing of our communities."*

*Professor Suzanne Fortier  
Principal and Vice-Chancellor, McGill University*

### DENT MA MAISON A PROGRAM FROM MCGILL UNIVERSITY'S DENTISTRY FACULTY

The Grace Dart Foundation donated \$300,000, over two years, to McGill University's Faculty of Dentistry and its New Community Program - Dent ma maison. This is a new integrated oral health program for seniors providing home-based preventive and

curative dental services in the CIUSSS Centre-Sud and West of Montreal area. The Dent ma maison program will promote the maintenance of independence, health and oral health for seniors living at home. Over the long term, the hope is to expand and implement this innovative model of home-based dental care across the province.



From left to right: Elise Nesbitt, Dr. Elham Emami

*"The Faculty of Dentistry's service to the community stands as a model for other dental schools nationwide. The elderly patients in the Dent ma Maison program will receive excellent care, and in turn, our students will gain skills and experience by performing procedures that will help them prepare for their future careers as professional dentists."* said Dr. Elham Emami, Dean of the Faculty of Dentistry.

### THE NEURO-CAREAXIS SPINE PROGRAM FOR SENIORS

The Grace Dart Foundation donated \$300,000, over two years, to The Neuro (Montreal Neurological Institute - Hospital) in support of the Neuro-CareAxis Spine Program for Seniors. The funds will help create a virtual care module enabling community-based physiotherapists, trained by surgeons at The Neuro, to perform telemedicine assessments and followups; personalized, online exercise plans; a

pilot program for in-home surgical assessment and follow-up service to improve the quality of care for the elderly who cannot visit a community clinic.

Many seniors have age-related barriers to care, which have significantly worsened due to the pandemic. Eager to better serve its community, The Neuro and CareAxis, a non-profit organization affiliated with The Neuro which partners with physiotherapists working in the neighbourhoods where patients live, established the Neuro-CareAxis Program for Seniors.



*"We are delighted that the Grace Dart Foundation is supporting this innovative community-based initiative. Now more than ever, it's critical that we reach out of our walls to vulnerable seniors to offer high quality care right in their communities and when possible in their homes"*

*Dr. Guy Rouleau  
Director of The Neuro*

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## THE TEAPOT 50+ CENTRE

Works to improve the life of the 50+ community of Lachine and surrounding areas, by helping them maintain their lifestyles in their own homes for as long as possible; to help our members express their needs and opinions. The Teapot offer a place where older adults can feel included, have purpose, and enjoy their lives. The Teapot reaches out to its community through their activities centre, volunteer opportunities, and community services that support the more isolated and vulnerable. No matter where you are in your life, The Teapot offers a place where all are welcomed and can feel valued.

*“The Grace Dart Foundation has had an incredible impact on our organisation’s evolution. Thanks to their generous gift, The Teapot 50+ Centre has hired an Outreach Technology Worker who specializes in tech support to seniors. We have instituted a tablet lending program and an education program*



*to teach seniors how to use the internet. This funding has given our members an opportunity to remain connected to the community through the Teapot’s virtual prevention programming along with staying involved with their friends and loved ones. We are grateful to Grace Dart Foundation for their donation in helping us fulfill the mission.”*

*Tamara Peel  
General Manager*

## NOVA WEST ISLAND

The delivery of high-quality healthcare has been the cornerstone of the NOVA (formerly VON) nurses’ mandate for over 110 years. At NOVA West Island, experienced, caring, and dedicated professional staff and volunteers work together to improve the quality of life for vulnerable adults, youth and families in 16 municipalities: Baie d’Urfé, Beaconsfield, Dollard-des-Ormeaux, Dorval, Île

Bizard, Île Perrot, Kirkland, Lachine, Pierrefonds, Pincourt, Pointe-Claire, Roxboro, Senneville, Ste-Anne-de-Bellevue, Ste-Geneviève and Terrasse-Vaudreuil. Our mission is to address the unmet needs of communities through the development and delivery of professional, innovative health services.

*“The Grace Dart Foundation’s contribution has been applied to our Adult Day Centre Program and its expansion, for the benefit of our members, their caregivers, and our volunteers. NOVA West Island created more virtual services including an in-home stimulation and respite service for our members with Alzheimer’s and dementia, and their senior caregivers. The expansion includes group exercise and pen pal programs as well as new iPad technology access. The new programs have proven so popular that we hired two new staff members and brought back two others who were on leave. NOVA West Island is thankful to the Foundation for this generous donation.”*

*Thierry Faucher  
President, NOVA West Island*



From left to right: Christopher Palin, Elise Nesbitt, Thierry Faucher

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## Testimonials - Stories That Touched our Hearts

### CIUSSS WEST ISLAND

In 2015, 170 institutions of the Quebec's health and social services network were merged to



create 13 integrated health and social services centres (IHSSC), and nine integrated university health and social services centres (IUHSSC). The

Montréal West Island Integrated University Health and Social Services Centre (Montréal West Island IUHSSC) constitutes a grouping of seven health and social services institutions serving the West Island population and Dorval, Lachine, and Lasalle.

"The Grace Dart Foundation is a wonderful partner for our teams and residents. This year has proven exceptional on many levels, but we stayed the course and adapted our services to meet this new pandemic reality. The Foundation's collaboration has been essential and we thank them for their ongoing help and support."

*Lynne McVey  
PDG, Centre intégré universitaire de santé  
et de services sociaux de l'Ouest-de-l'Île-de-  
Montréal*

### A GRATEFUL DONOR

Gabriella, worked at the Grace Dart Center at the height of the pandemic in April 2020 as an orderly's assistant and found a great appreciation for what the institute provides for the elderly. She sent a Christmas card along with a donation to the Foundation with a hand-written note expressing



her thoughts on the pandemic and its effect on the elderly.

*"Although we have faced many challenges this year, I hope this donation can help recover and begin to build a stronger*

*foundation and home for our seniors. God Bless, from my family to yours..."*



*Gabriella  
Orderly Assistant  
The Grace Dart Center*

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## CHINESE COMMUNITY REACHES OUT DURING THE PANDEMIC

In the early part of the COVID-19 pandemic, a group of financial advisors from the Chinese communities realized there was a need in their communities in Toronto and Montréal and led by Mr. Johnson Fu, President - JF Insurance, launched the Montréal Chinese Financial Security Advisors Fighting COVID-19 Fundraising Campaign. Their objective was to raise funds for long-term care centres (CHSLD) of the Montreal West Island Integrated University Health and Social Services Centre (IUHSSC). The group collected and donated over \$40,000 to support various initiatives at all Montreal West Island IUHSSC and CHSLDs.

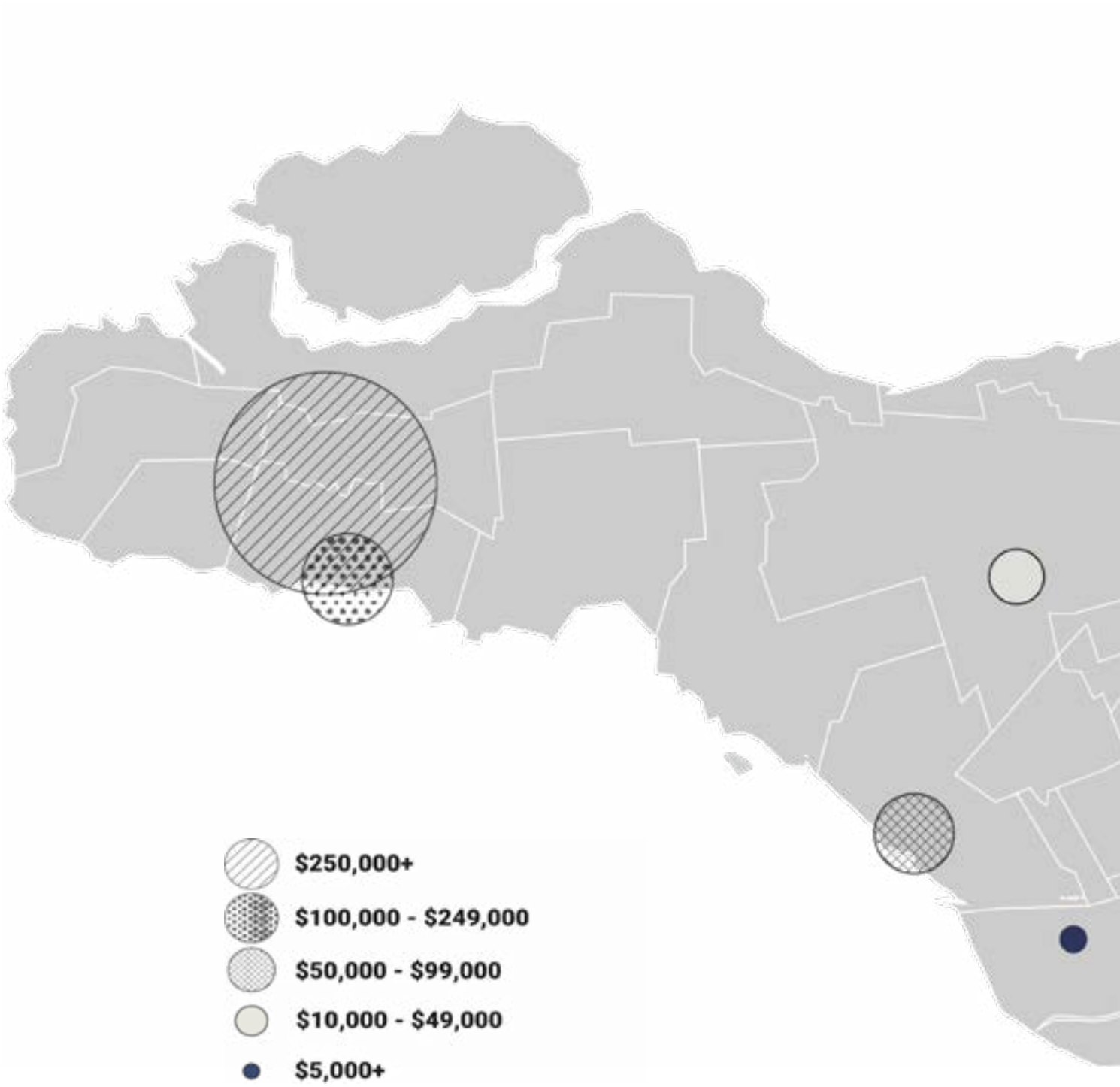
*“The committee was created to fight COVID-19 and to offer help to the CHSLD of Quebec. The first long-term care facility we supported was the Montreal Chinese Hospital. We thought it would also be appropriate to also make a donation and fundraise for the West Island. An initial donation of \$20,000 was provided by the main donor, Mr. Johnson Fu and the Committee raised the remainder. We were most grateful for the Grace Dart Foundation’s help and support in providing a conduit to the hospitals and long-term care services on the West Island.”*

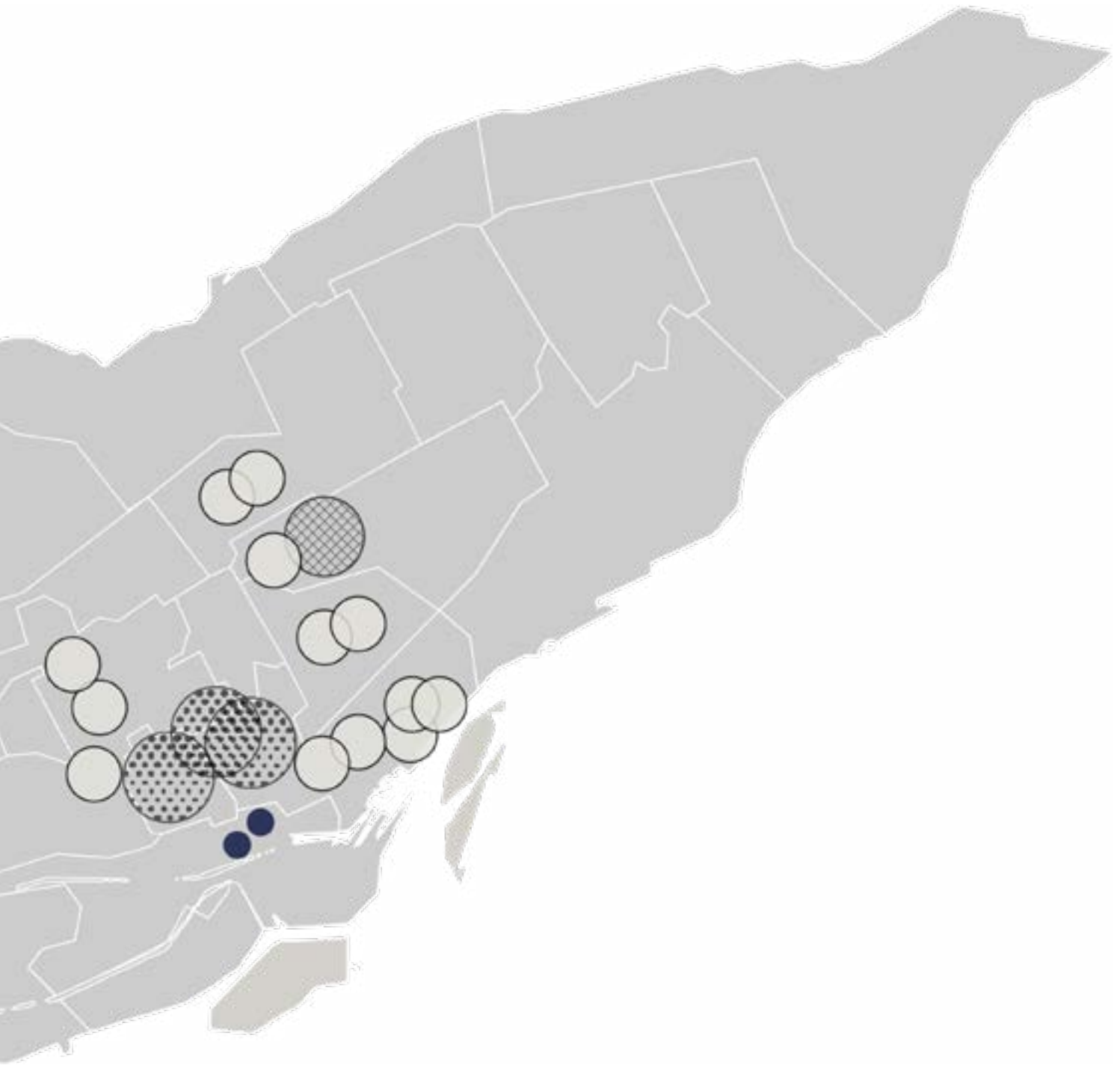
*Mr. Ritchie Wang  
Clinical Activities Specialist  
The Support for Elderly Autonomy  
Program Directorate*



From left to right: Daniel Chuang, Manager — Sun Life Financial; Tom Pang, Manager — Sun Life Financial; Ritchie Wang, Clinical Activities Specialist, Support for Elderly Autonomy Program Directorate, Montréal West Island IUHSSC; David Sun, Advisor — Canada Life; Yvan Carbonneau, Associate Executive Director, Montréal West Island IUHSSC; Brigitte Auger, Director—Support for Elderly Autonomy Program, Montréal West Island IUHSSC; Wei Li, Advisor — Sun Life Financial.

# The Impact of your Donations





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## Our Community of Funding Recipients

### **\$250,000 and over**

Integrated University Health and Social Services Centres (IUHSSC) West Island

### **\$100,000 - \$249,000**

McGill Faculty of Dentistry

The Neuro (Montreal Neurological Institute Hospital)

Nova Montreal

Nova West Island

### **\$50,000 - \$99,000**

Petite Côte Community Centre

The Teapot

### **\$10,000 - \$49,000**

Accueil Bonneau

Acte d'Amour

Dr. Clown

Habilitas Foundation

Le PAS de la rue

Le Rendez-vous des Aînés Community Centre

Maison Aurore

Maison du Père

Maison Quartier Villeray

Mile End Community Mission

N.D.G. Senior Citizen's Council

Nova Hudson

Patro Villeray/Prevost

Saint-Antoine Centre

Société Alzheimer's Rive Sud

St-Andrew's Presbyterian Homes Foundation

### **Less than \$9,000**

Tyndale St-Georges Community Centre

LaSalle D&D 50+Centre

Chez Doris



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## Financials at a Glance


### Grace Dart Foundation Revenue, Expenditures and Surplus Year ended March 31, 2021

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REVENUE	996,323
Expenditures	379,203
Distributions	1,531,066
Surplus	35,241,203
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OPERATING ACTIVITIES	1,552,593
<hr/>	
INVESTING ACTIVITIES	1,377,903
Cash, end of year	554,583
<hr/>	
ASSETS	574,545
<hr/>	
LIABILITIES	50,203
<hr/>	
SURPLUS	35,291,405
<hr/>	
ACCOUNTS RECEIVABLE	14,589
<hr/>	
MARKETABLE SECURITIES AND CASH HELD FOR INVESTMENT	34,669,841
<hr/>	
GENERAL AND ADMINISTRATIVE EXPENDITURES	228,826

\*For a more detailed financial picture, please refer to the audited financial report published on our website: [foundationgracedart.org](http://foundationgracedart.org).

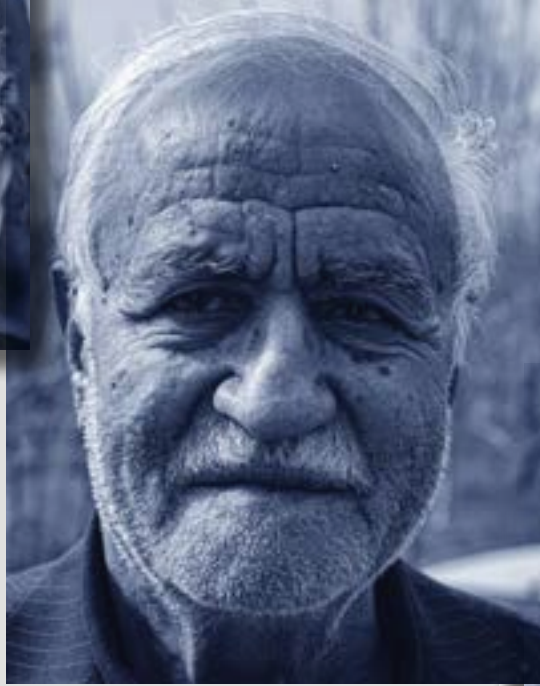
**OUR NEW OFFICE FLEX SPACE**



We look forward to welcoming you to our new offices located on Greene Avenue in Westmount.

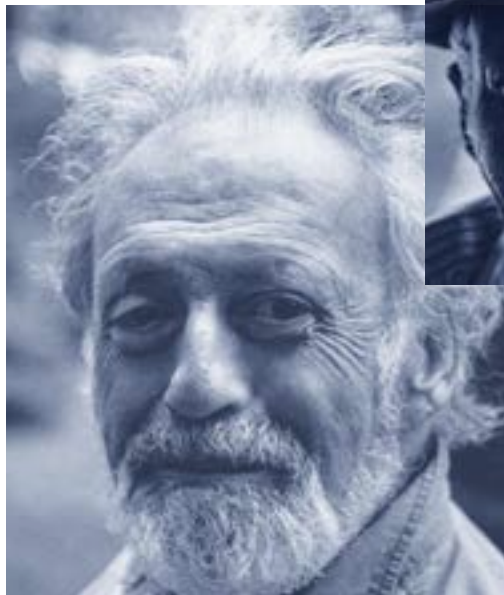
At this new location, the Foundation will network with new donors and host fundraisers, conferences, webinars and Board of Directors meetings.

It marks a turning point in the Foundation's history and we look forward to beginning this new chapter.



## **T**hank You!

To the volunteer members of the Board of Directors and the Corporation, our administrative staff, our donors, and our partners who share with us our mission to help the elderly with **Love and Care** in the community....



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