

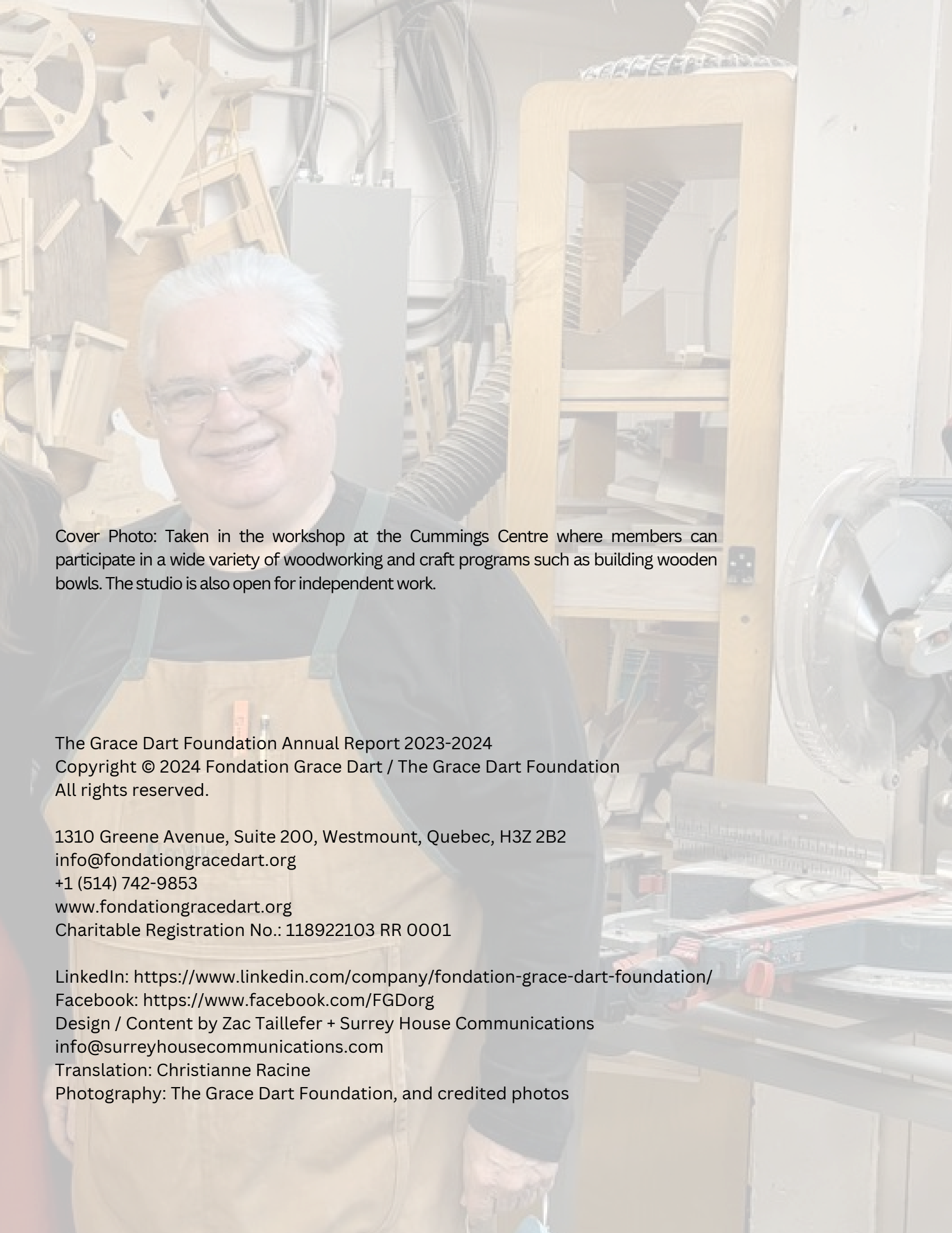


Fondation
GRACE DART
Foundation

ANNUAL REPORT

2023 -
2024





Cover Photo: Taken in the workshop at the Cummings Centre where members can participate in a wide variety of woodworking and craft programs such as building wooden bowls. The studio is also open for independent work.

The Grace Dart Foundation Annual Report 2023-2024
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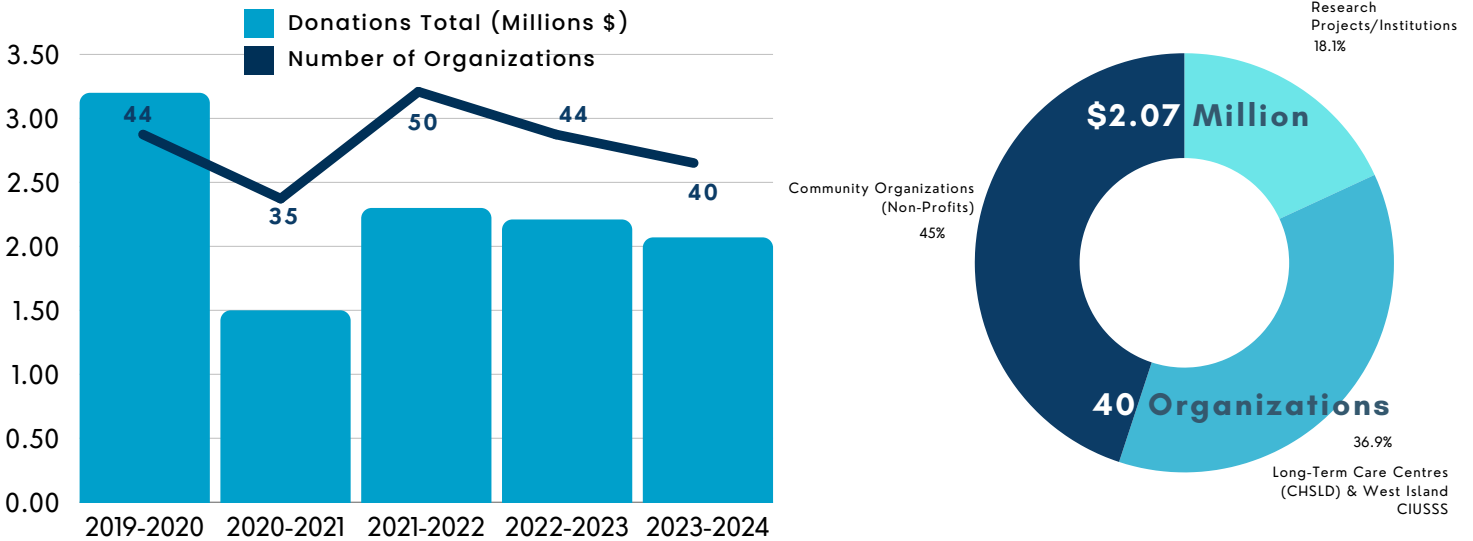
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FOUNDATION AT A GLANCE

In 2023-2024, more than \$2.07 Million was donated to 40 organizations in the Greater Montreal area.



Over 30,000 people were helped through the Foundation’s support.*

Canada, like much of the developing world, is grappling with an aging population.** The sizeable baby-boom generation has been a dominant force in Canadian demographic trends since the 1950s. Their retirement, which began in the last decade, is now accelerating. As of July 1, 2023, Canada has 7.5 million people aged 65 and over, comprising 18.9% of the total population.¹

In 2021, the Greater Montreal Area was home to 1,762,949 people, with 295,475 aged 65 or older, accounting for 17% of the total population.²

Challenges remain as the last Quebec government budget has lowered funding for health care compared to previous years,

impacting services for seniors. A comparison of the spending projections would appear to show a reduction in investment by almost half, compared to last year’s budget.³

The data underscores the aging trend in our population and the increasing demand for programs and resources, exacerbated by reduced government funding. Responding to this need, the Grace Dart Foundation has shifted its focus to supporting grassroots organizations that are developing innovative and adaptable programs to meet the evolving needs of seniors across the Greater Montreal Area.

*Estimate based on the long-term care facilities occupancy and number of members of non-profits and foundations

** The Conference Board of Canada- Meeting the Care Need of Canada’s Aging Population 2018

1. Source: July 1, 2023 Statistics Canada

2. Source: April 27, 2022 Statistics Canada Results from the 2021 Census.

3. Montreal Gazette, March 13, 2024 “Analysis: Quebec budget tapers off funding for seniors even as population ages”

MISSION, VISION, VALUES

OUR MISSION

The Grace Dart Foundation provides love and care to the elderly in the Greater Montreal Area. The Foundation supports a warm and personal environment for the well-being of the elderly with its various donation efforts in line with the five following areas of giving: basic needs, loneliness & isolation, socialization & personal development, cognitive disorders, and the living environment.

OUR VALUES

RESPECT

"To recognize the intrinsic value of each person we help, because every elderly person and resident of a long-term care facility in our society deserves to be valued."

DIGNITY

"To treat our elderly by offering help and special attention in their everyday lives in the manner which they deserve to be treated as important members of our community."

KINDNESS

"The manner in which we approach our elderly population guides the actions of the Grace Dart Foundation. Our work embodies our motto: 'love and care'."



OUR VISION

The Foundation wishes to bring more love and care to as many elderly people as possible in both residential and in long-term care centres (CHSLD), and to support non-profit organizations that contribute to the well-being of the elderly in the Greater Montreal Area.

MESSAGE FROM THE PRESIDENT



We are now in our 20th year serving the needs of the elderly in the Greater Montreal Area. We are committed to continuing our activities designed to help our growing elderly population continue to thrive, within the community, with collaborative programs, and within a caring environment.

Since renaming our organization the Grace Dart Foundation in 2004, we have grown in many ways. The Foundation had its roots in the Grace Dart Extended Care Centre, based on two of Montreal's east end institutions: the Montreal Protestant Home, at the end of St. Catherine Street East, and the Grace Dart Hospital on Sherbrooke Street East. We have moved from our original on-site offices in the east to the offices we now occupy on Greene Avenue in Westmount. Our initial mandate focused solely on supporting within an institution, but we have expanded our support to assist more than 100 community organizations since 2019.

To attain our goals, we, at the Foundation, have concentrated our recent efforts on community and grass root organizations that fill substantial needs for Montreal's elderly. Our funding provides these groups the flexibility they need, allowing them to innovate, as they seek creative solutions to the problems their constituents confront.

As just one example, consider the Eva Marsden Centre for Social Justice and Aging. This organization recently launched a hygiene program with funds from the Grace Dart Foundation. The Healthy Aging Hygiene Initiative targets assistance to low-income older adults (50 and over), providing these individuals with access to hygiene products for personal and home use free of charge. In addition, this program provides cleaning services, as well as help with moving and services for individuals with accumulative disorder. This is precisely the sort of organization and program we wish to support; one that has identified a need and is creating innovative methods to satisfy the demands of its community.

The Foundation remains anchored in its commitment and service to its five areas of giving: basic needs, loneliness and isolation, socialization and personal development, cognitive disorders, and living environment. We have highlighted just a few of the wonderful organizations that we are funding this year in the pages of this report.

You can learn more about the Grace Dart Foundation by consulting our website and social media feeds. Better yet, show your support by making a donation at: fondationgracedart.org/donate.

Please join me in honouring our 20th year and celebrating our continued success in helping and supporting Montreal's elderly population.

Elise Nesbitt
President and Chair of the Board of Directors

BOARD OF DIRECTORS

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Director



Gylaine MORIN
Director



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Director



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Director

AREAS OF GIVING



BASIC NEEDS

Donations covering basic needs include clothing, shoes and toiletries. It may include requests for assistance in creating a place, or system, to distribute basic amenities. For example, creating a system to distribute second-hand clothing to residents, as well as food banks and housing assistance programs, are considered under basic needs.



LONELINESS & ISOLATION

Donations designed to meet the needs of people in isolation are aimed at those who have physical or psychological problems and are unable to leave their rooms in institutions or their homes. Music therapy, pet therapy, support programs, and specific volunteer activities that are designed for helping to lessen the feelings of loneliness and isolation.



SOCIALIZATION & PERSONAL DEVELOPMENT

Donations to a group activity fostering discussion, creativity, or involvement in their environment through the enjoyment of a special activity or a cultural event. For the elderly living at home, this could include fun activities that ease loneliness, or creative programs that help people get involved and contribute to their community.



COGNITIVE DISORDERS

Donations to programs that include activities and tools used to aid people that are suffering from cognitive disorders such as Alzheimer's, stroke, etc.



LIVING ENVIRONMENT

Donations that help create an environment where people feel at home while being part of a greater community. These donations may include programs supporting a warm, personalized living environment that promotes autonomy, respect, dignity, intimacy, identity, self-determination, quality of life, safety, self-esteem, and consistency, maintaining meaningful ties and adapted care and services.

YELLOW DOOR



Yellow Door



The Yellow Door runs intergenerational programs that aim to bring young and older adults together in the promotion of mental and physical well-being and the prevention of social isolation across generations.

It's strength is that it is rooted in its traditions of service and caring for others, while keeping up with the new needs and norms of the modern day. It is what makes the YD such a welcoming and comforting place for people of all ages and backgrounds.

"Funding from the Grace Dart Foundation has allowed us to better address the mental and physical well-being of isolated seniors by offering regular outings throughout the year, encouraging them to socialize and stay active. These excursions are so important for seniors who live in dense urban centres and don't have the means to enjoy all that the greater Montreal area has to offer. As one senior put it after a trip to the apple orchard, participants were "sparkling" by the end of the day."

Kaitlin Fahey, Executive Director

EVA MARSDEN CENTRE



Eva Marsden Centre for Social Justice and Aging



Providing advocacy for individuals who are 50 years of age and over, including programs such as: The Healthy Aging Hygiene Initiative targeting assistance to low-income older adults, providing access to hygiene products for personal and home use free of charge. This program also provides cleaning services, as well as help with moving and services for individuals with accumulative disorder.

"We are so grateful to the Grace Dart Foundation for their generous support of the Healthy Aging Hygiene Initiative. At the EMC we are very aware of the hidden impact of poverty that can affect our ability to make positive choices regarding our self-care and our living environment. Having the opportunity to assist older adults in this meaningful way makes an important difference in their lives in terms of overall health and personal dignity."

Sheri McLeod, Executive Director

ST. ANDREW'S PRESBYTERIAN HOMES FOUNDATION



Photo Credit: St. Andrew's

St. Andrew's Presbyterian Homes Foundation



The Foundation believes in the importance of supporting our aging population. Their mission is to promote excellence in aging and enrich the quality of life of Montreal seniors. The Senior Support Program aims to enrich the quality of life of seniors who remain in their own homes by connecting them with a wide variety of public, private and community resources. The St. Andrew's Home Program funds additional therapies and services at the St. Andrew's Residential Centre in NDG, as well as making contributions to the recreation department and funding for unmet resident needs such as the Oral Hygiene Clinic.

"Our sincere thanks to the Grace Dart Foundation for their funding and collaboration. Funding of our Senior Support Program will provide over 400 hours of direct senior care, including medical accompaniments, functional fitness sessions, companionship, respite for caregivers and at-home personal care. In addition to funding at the St. Andrew Residential Centre, which has allowed the launch and subsequent expansion of our oral hygiene clinic. On behalf of all the seniors we support, a heartfelt thank you."

Tracy Petzke, Executive Director

DR CLOWN FOUNDATION



Photo Credit: Dr Clown

Dr Clown Foundation



Bringing joy to the most vulnerable people in the community. Since 2002, the Dr. Clown Foundation has been developing its personal relationship approach that is focused on improving the quality of life of hospitalized patients of all ages and seniors in care facilities.

The Foundation runs a program called La Belle Visite, intended for seniors in CHLSDs, with the aim of creating relationships that bring a breath of joy into environments where sometimes little exists.

"This year, the Dr Clown Foundation will make 650 days of visits to seniors' residences. During these visits, our therapeutic clown artists from our La Belle Visite program give seniors the attention they deserve, ask for their advice, and share stories and songs they know well. We estimate that over 40,000 meaningful encounters will be shared between our therapeutic clowns and these wise ones in 2023-2024 alone!

As funding for our geriatric program is more difficult, we are particularly grateful to the Grace Dart Foundation for its significant financial support. Thanks to you, hundreds of seniors in the Montreal area will experience brighter days filled with joy."

Martin Goyette, Executive Director

CARREFOUR COMMUNAUTAIRE MONTROSE



Carrefour Communautaire Montrose



Since 1987 Carrefour Montrose has been improving the quality of life of seniors living at home in the Rosemont district and surrounding area. Their aim is to combat loneliness, encourage social participation, encourage volunteerism and autonomy, by offering services and organizing activities.

Their mission is to develop and support a place of belonging with the aim of promoting the various services and activities required to provide seniors with a volunteer service to help them remain in their environment and community.

"Thanks to the support of the Grace Dart Foundation, we have an animator available 21 hours a week to facilitate community involvement in the east end of Rosemont. This area lacks resources. Various programs enable isolated seniors to have contact with the community, create social links with others and share their knowledge and life experience.

This funding has enabled us to reach those who are isolated and lonely. We help them to re-connect with the community in a spirit of togetherness, and to invest in their own collective well-being."

Jacques Brosseau, Executive Director

COMMUNITY OF FUNDING RECIPIENTS

LESS THAN \$24,999

Vers Vous

Table de concertation des aînés Vaudreuil-Soulanges

Bread & Beyond

Habitations St-Christophe

Accompagnement bénévole de l'Ouest ABOVAS

Nova Hudson

Tyndale St-Georges Community Centre

Santropol Roulant

Mile End Community Mission

Centre Communautaire de l'Avenue Greene (Centre Greene)

\$25,000-\$99,999

Resto Plateau

Acte d'Amour

Carrefour Montrose

Centre Lasalle D&D 50+

Le Rendez-Vous des Aînés

Les Accordailles

Les Petits Frères

Patro Villeray

Services Bénévoles aux Aînés de Ville-Émard/Saint-Paul

Cummings Jewish Centre for Seniors

Douglas Foundation

Le Centre Almage Communautaire pour personnes âgées

Un et un font mille

Entraide Bénévole Métro

La Maison d'Aurore

St-Andrew's Presbyterian Homes Foundation

Eva Marsden Centre for Social Justice and Aging

Centre communautaire Petite-Côte

Atwater Library and Computer Centre

Contactivity Centre

The Teapot 50+

The Yellow Door

\$100,000 AND MORE

Nova Home Care

Concordia University

La SAMS

Dr Clown Foundation

McGill University – Dementia Education Program, Faculty of Medicine | Dent ma maison, Faculty of Dentistry | The Neuro (Montreal Neurological Institute Hospital)

CIUSSS de l'Ouest-de-l'île-de-Montréal

IMPACT OF YOUR DONATIONS



FINANCIALS AT A GLANCE

Grace Dart Foundation Year ended March 31, 2024

REVENUE, EXPENDITURES AND SURPLUS

Revenues	5,043,813
Expenditures	299,671
Distributions	2,071,673
Surplus, end of year	38,778,424

CASH FLOWS

Operating Activities	(2,099,501)
Investing Activities	2,263,121
Cash, end of year	361,487

FINANCIAL POSITION

Assets	38,804,347
Liabilities	25,923
Surplus	38,778,424

ACCOUNTS RECEIVABLE

13,752

MARKETABLE SECURITIES AND CASH HELD FOR INVESTMENT

38,415,631

GENERAL AND ADMINISTRATIVE EXPENDITURES

193,073

For a more detailed financial picture, please refer to the audited financial report published on the website: fondationgracedart.org.

Your support is vital. Thank you for believing in our mission to assist the elderly. Join us in sustaining this impact for years to come. Support our efforts by making a donation or leaving a gift in your will. We cannot do this without you. To donate online visit: fondationgracedart.org/donate

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To all the volunteers serving on the Board of Directors of the Foundation, our administrative team members, our partners, and our generous donors – that share with us our mission of helping the elderly with love and care in the community: Thank you for your ongoing dedication.

