



THE GRACE DART FOUNDATION
ANNUAL REPORT
2025 - 2026

#COLLABORATIVE

#COMMUNITY

The Grace Dart Foundation Annual Report 2025-2026
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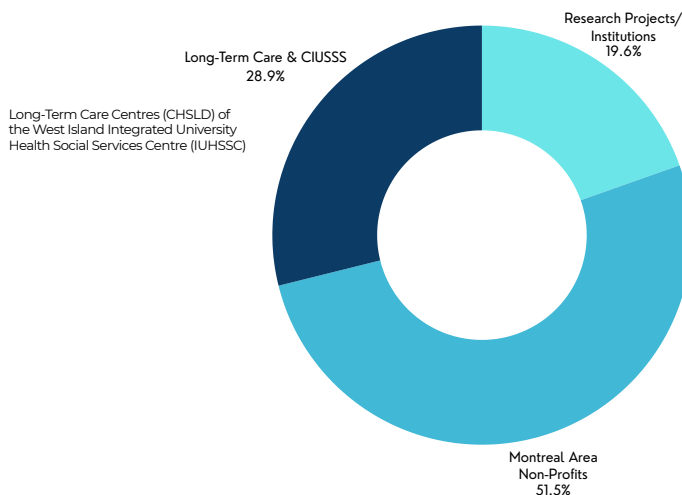
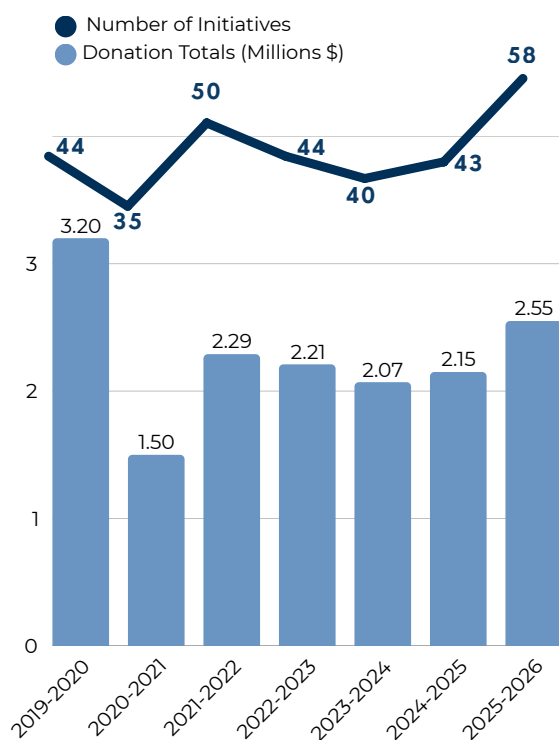
#CARE

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THE FOUNDATION AT A GLANCE

In 2025-2026, more than \$2.55 Million was donated to 58 initiatives with organizations in the Greater Montreal area.



42,000 adults were helped through the Foundation's support.*

By **2030** 1 in 4 Quebecers will be over the age of **65**

Seniors aged 65+ already represent more than one in five Quebecers, and that proportion is expected to rise significantly in the coming years. Older adults accounted for 15% of Quebec's population in 2010 and 19% at the onset of the COVID-19 pandemic. Statistics Canada projects that by 2030, one in four Quebecers (25%) will be aged 65+, increasing to 27% by 2043.**

As Quebec's population ages, growing strain on healthcare, long-term care, and social services is increasing the urgency for innovative community-based solutions. Guided by a commitment to Community Collaborative Care, the Grace Dart Foundation works alongside generous donors, forward-thinking foundations, and community organizations to support initiatives that reduce senior isolation, foster meaningful connections, and create enriching opportunities for older adults and vulnerable seniors throughout the Greater Montreal Area.



Over the past year, the Foundation is especially grateful to The Molson Foundation for a directed grant that expanded reach and enabled additional community-based initiatives to be funded. Together, we are not only addressing today's needs—we are helping to build a more compassionate, connected, and inclusive future for Quebec seniors.

*estimate based on the long-term care facilities occupancy and number of members and program participants of non-profits and foundations.

**Commissioner of Health and Well-Being of Quebec, Portrait of Quebecers Aged 65 and Over (CSBE, Portrait des Québécois de 65 ans et plus), September 2, 2021; Statistics Canada, Population and Demography Statistics: Proportion of people aged 65 and over — Quebec 21.7%, July 1, 2025.



OUR MISSION

The Grace Dart Foundation provides love and care to the elderly in the Greater Montreal Area. The Foundation supports a warm and personal environment for the well-being of the elderly with its various donation efforts in line with the five following areas of giving: basic needs, loneliness & isolation, socialization & personal development, cognitive disorders, and the living environment.

OUR VALUES

RESPECT

“To recognize the intrinsic value of each person we help, because every elderly person and resident of a long-term care facility in our society deserves to be valued.”

DIGNITY

“To treat our elderly by offering help and special attention in their everyday lives in the manner which they deserve to be treated as important members of our community.”

KINDNESS

“The manner in which we approach our elderly population guides the actions of the Grace Dart Foundation. Our work embodies our motto: ‘love and care’

OUR VISION

The Foundation wishes to bring more love and care to as many elderly people as possible in both residential and in long-term care centres (CHSLD), and to support non-profit organizations that contribute to the well-being of the elderly in the Greater Montreal Area.

MESSAGE FROM THE PRESIDENT

Over the past year, the Grace Dart Foundation has continued to grow. Funding request applications increased by 29%, and support expanded from 43 to 58 funded initiatives (+35%) in collaboration with long-term care centres, research institutions, and community organizations. This broadened reach has allowed us to remain focused on what matters most: responding to the evolving needs of older adults across the Greater Montreal Area and helping seniors thrive within their communities by supporting collaborative programs delivered in caring environments.

I remain deeply grateful to our Board of Directors for their dedication. Together, we have guided the Foundation through thoughtful stewardship of the endowment, updates to its governance framework, and the careful review of the many funding requests we receive each year. Several Board members have dedicated more than two decades of service to both the Foundation and the elderly community, and their ongoing commitment continues to strengthen our work in meaningful ways.

The Foundation is moving forward with confidence, supported by a significant increase in donations. The trust our donors place in our mission and expertise continues to strengthen our work, allowing us to deepen our impact across the community.



This year, seed funding awarded to Contactivity Centre launched a new Day Program supporting older adults experiencing mild cognitive changes, responding to a growing need in the community. At St. Mary's Hospital, seed funding launched Healing in Harmony, an innovative combination of clinical research and virtual reality concerts, exploring the therapeutic potential of music for pain-management in older adults.

This report highlights just a few of the outstanding organizations, partnerships and initiatives helping to improve the lives of older adults across our community. We are proud to help advance this important work and we are grateful to everyone who makes it possible.

Learn more about the Grace Dart Foundation on our website and social media. Your support helps us expand our reach and impact improving the lives of vulnerable seniors across our community: [foundationgracedart.org/donate/](https://www.foundationgracedart.org/donate/)

With gratitude,

Elise Nesbitt

President and Chair of the Board of Directors

BOARD OF DIRECTORS



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AREAS OF GIVING

BASIC NEEDS

Donations covering basic needs include clothing, shoes and toiletries. It may include requests for assistance in creating a place, or system, to distribute basic amenities. For example, creating a system to distribute second-hand clothing to residents, as well as food banks and housing assistance programs, are considered under basic needs.

LONELINESS & ISOLATION

Donations designed to meet the needs of people in isolation are aimed at those who have physical or psychological problems and are unable to leave their rooms in institutions or their homes. Music therapy, pet therapy, support programs, and specific volunteer activities that are designed for helping to lessen the feelings of loneliness and isolation.

SOCIALIZATION & PERSONAL DEVELOPMENT

Donations to a group activity fostering discussion, creativity, or involvement in their environment through the enjoyment of a special activity or a cultural event. For the elderly living at home, this could include fun activities that ease loneliness, or creative programs that help people get involved and contribute to their community.

COGNITIVE DISORDERS

Donations to programs that include activities and tools used to aid people that are suffering from cognitive disorders such as Alzheimer's, stroke, etc.

LIVING ENVIRONMENT

Donations that help create an environment where people feel at home while being part of a greater community. These donations may include programs supporting a warm, personalized living environment that promotes autonomy, respect, dignity, intimacy, identity, self-determination, quality of life, safety, self-esteem, and consistency, maintaining meaningful ties and adapted care and services.



TESTIMONIALS

Contactivity Centre

For over 50 years, Contactivity Centre has served as a vibrant, active community centre in Montreal for adults 60+. They proudly provide older adults with programs and activities to stay active, engaged and connected, in person and online.

Through their Day Program, they have created a warm and engaging environment where participants are treated with patience, understanding, and dignity. Activities are thoughtfully adapted to each individual's pace, helping to reduce stress and anxiety while fostering moments of joy, connection, and purpose.

Equally important, the Day Program provides invaluable respite for caregivers. Spouses and families who often carry an immense and quiet burden are able to attend to their own needs — whether running errands, managing their health, or simply taking time to recharge — with the reassurance that their loved ones are safe, engaged, and genuinely cared for.



"We are profoundly grateful to the Grace Dart Foundation for its generous support and especially for its belief in our vision to create a Day Program for older adults living with cognitive decline. Because of your generosity, the impact of this program is immeasurable. It is enriching the daily lives of participants while bringing relief, comfort, and renewed strength to their families. We are truly and sincerely appreciative of your partnership in making this possible."

Benita Goldin

Executive Director

LaSalle D&D 50+ Centre

The LaSalle D&D 50+ Centre is a community organization serving English-speaking seniors in Montreal's LaSalle borough. Dedicated to reducing isolation and fostering connection, the Centre offers a wide range of social, educational, and fitness programs, including yoga, dancing, arts activities, and French classes. This year, the organization proudly celebrates its 10th anniversary.

Through its Fast Track French Support for Seniors program, English-speaking older adults are gaining the confidence to communicate in French and overcome the fear of making mistakes or being judged in public settings. The program emphasizes practical, real-life learning, helping participants develop language skills they can comfortably apply in everyday situations where French is commonly needed, with less reliance on memorization.

Beyond language learning, the program has also created a strong sense of community among participants. As they navigate shared challenges and celebrate progress together, they are building meaningful relationships, strengthening their self-confidence, and deepening their sense of belonging within the broader community.



“This impactful program is made possible through the generous support of the Grace Dart Foundation. We extend our sincere gratitude for their commitment to enhancing the well-being, inclusion, and independence of seniors in our community.”

Diane Doonan

Vice President

La Maison du Père

For more than 55 years, La Maison du Père has worked to prevent and reduce homelessness by supporting unhoused individuals or those living in highly precarious situations, helping them move toward greater stability and independence. Over the years, La Maison du Père has developed significant expertise in supporting older adults and individuals living with fragile health conditions. In response to these needs, the organization introduced a leisure and recreational program specifically designed for seniors, with the goal of stimulating cognitive function and reducing social isolation.

The La Maison en chanson project is a natural extension of this approach. Through music, participants who have faced significant hardships are able to rebuild self-esteem, explore their creative potential, form meaningful relationships, and express their emotions in an environment rooted in authentic human connection and support.

The project also provides participants with opportunities to share the results of their work in a variety of settings, including community organizations, seniors' residences, and public events. These experiences foster a stronger sense of self-worth while supporting participants' social reintegration and connection to the broader community.



“We express our deepest gratitude to the Grace Dart Foundation for its support of this deeply human project, and for the significant role it plays in the well-being of the people we serve. With La Maison en chanson, we offer much more than just an activity: we create a space where participants can reconnect with themselves, rediscover their voices, and, above all, find their place in the community.”

Jaëlle Bégarin
President / Executive Director

NOVA West Island

For 115 years, NOVA West Island has stood as a trusted pillar of compassionate, community-based care, supporting individuals and families through life's most vulnerable moments. From in-home nursing and senior support services to bereavement counselling for both adults and children, NOVA's approach is grounded in dignity, empathy, and meaningful human connection.

Their Senior Activity Program provides in-home activity stimulation and respite for seniors with neurocognitive impairments still living at home with their caregivers to offer physical, social and cognitive stimulation, while at the same time assisting the caregiver in providing respite. These personalized and meaningful activities are tailored to the interests of their members and assist in reducing their social isolation, while improving one's quality of life and independence.



“Nova West Island has been privileged to partner with the Grace Dart Foundation for over six years, supporting the well-being of thousands of seniors. The Foundation's support makes a tangible difference in people's lives. It enables seniors to remain in their homes, stay socially engaged, and continue to play an active role in their community. Through the Grace Dart Foundation's partnership, we are able to reduce social isolation and foster a true sense of connection. We are deeply grateful for your support on this journey to enhance the lives of seniors together.”

Marie-France Juneau
Executive Director

Santropol Roulant

Santropol Roulant is an intergenerational community food hub dedicated to growing, preparing, and delivering food while fostering stronger social connections, food security, and social inclusion across Montreal. Through its wide range of engaging services, the organization helps create a more connected and caring community for people of all ages.

At the heart of Santropol Roulant is its Meals-on-Wheels program, the initiative upon which the organization was founded in 1995. The program responds not only to the growing need for food security among older adults, but also to the broader goal of nurturing meaningful human connection and a healthy social fabric.

As the organization has evolved over the years, it has remained deeply committed to its founding vision of bringing together generations that may not otherwise interact regularly in everyday life — youth and seniors — to build a vibrant intergenerational community. Through the delivery of meals to individuals living with a loss of autonomy, young volunteers and older adults are given a unique opportunity to connect, form relationships, and learn from one another.

“Thanks to our ongoing partnership with the Grace Dart Foundation, the Santropol Roulant community can increase food security and foster inclusivity through its Meals-on-Wheels program for a growing number of Montrealers with limited mobility or autonomy. Volunteers of all ages help grow, prepare and deliver nutritious and affordable meals 5 days a week, 52 weeks a year. Thank you for your continued partnership in helping weave a stronger, more equitable community.”

Anne-Leslie Louis

Fundraising & Communications Coordinator

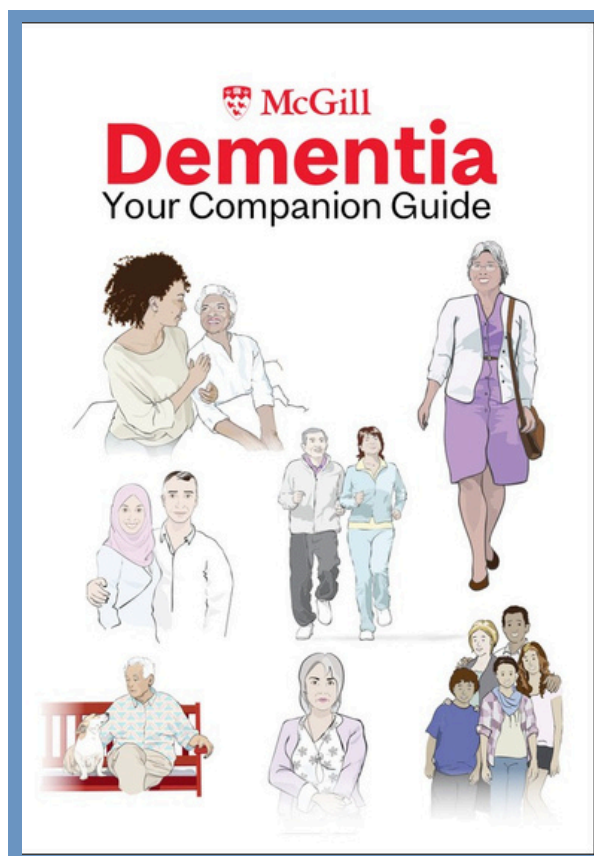


Project Update

Six years ago, The Grace Dart Foundation launched its support of McGill University's Dementia Education Program with a \$250,000 donation, initiating the development of a free and accessible educational booklet.

From the outset, the objective was to strengthen education and support for individuals, families and caregivers navigating a dementia diagnosis through clear, compassionate, and practical guidance.

When an individual is diagnosed with dementia, the questions and concerns that follow can feel overwhelming for both the individual and their loved ones. Dementia, Your Companion Guide was designed to respond to these questions and uncertainties, helping to navigate the journey with confidence. Written in an accessible, compassionate style and supported by engaging illustrations, it addresses a broad range of topics and provides practical information grounded in best practices in dementia care.



Since its launch in October 2021, the guide has exceeded expectations in reach and impact, being accessed over 95,171 times in print and online (as of March 2025). Now available in 14 languages, the guide serves diverse communities in their preferred languages. The feedback from families, health professionals and organizations has been overwhelmingly positive.

Through sustained support totalling \$600,000, the Grace Dart Foundation has funded ongoing translation, printing, and distribution of this essential educational tool, helping to ensure that no individual or care partner navigating dementia feels isolated or uninformed.

For more information and to access the guide, visit [Mcgill.ca/dementia](https://mcgill.ca/dementia).

“Every smile, every shared moment, is a reminder that caring for our elders strengthens the heart of our community.”



COMMUNITY OF FUNDING RECIPIENTS

Partners & Programs

The Grace Dart Foundation proudly supports and collaborates with incredible partners running impactful programs for seniors in the Greater Montreal Area.

Community - Collaborative - Care

LESS THAN \$24,999

1. **Accompagnement bénévole de l'Ouest (ABOVAS)** | Medical and Social accompaniments
2. **Action Centre-Ville (Montréal)** | Our Community Kitchen: the Heart of Action Centre-Ville
3. **Aide aux Villageois du Village Olympique** | Our Seniors, Enriching the Village
4. **Bread and Beyond** | Senior-led Inter-Generational Sandwich Making Workshops
5. **Carrefour Marguerite-Bourgeoys** | Seniors' Happiness Through Social Connection
6. **Catholic Action Montreal (Action Catholique Montreal)** | Senior Bus Program
7. **Centre de jour de St-James** | Introduction to Devices Project
8. **Corporation du Centre des Aînés de Villeray** | Bouffe Bouffe, Cooking workshops for men 50+ experiencing social vulnerability
9. **Fondation Baluchon Répit long terme** | Respite Everywhere, for Everyone!
10. **Groupe l'Entre-Gens Inc.** | The importance of leisure for older adults and addressing social isolation
11. **Le PAS de la rue** | Re-enchanting the lives of over 400 vulnerable older adults
12. **Literacy Unlimited** | Connecting Seniors Through Literacy: Expanding the Unlimited Seniors Club
13. **Mile End Community Mission** | Mile End Mission Leadership Team Incentives program for seniors | Strengthening Support for Senior Leadership Volunteers
14. **Mission Bon Accueil** | Compassion Pathways – Urban Health
15. **Nova Hudson** | Home Care & Medical Transportation
16. **Prospect Belvedere Services Corporation** | Resident support and socialization priorities
17. **Santropol Roulant** | Meals-on-Wheels
18. **Seniors Respite Montérégie** | Mind & Memory: Cognitive Wellness Through Connection
19. **Vers Vous** | Community Life Activities
20. **West Island Women's Centre** | 55 Up! A safe, supportive and empowering environment for older women

COMMUNITY OF FUNDING RECIPIENTS

\$25,000 - \$99,999

1. **acte d'Amour** | Aging Well in Harmony: World Cuisines and Music
2. **Almage Senior Community Centre** | Connected Hearts: Expanding Outreach and Support for Seniors
3. **Carrefour communautaire Montrose** | 'Premier pas dans sa communauté', the first step towards belonging and connection
4. **Carrefour St-Eusèbe de Montréal inc.** | An Engaging Program Designed by and for Older Adults
5. **Centre Communautaire de l'avenue Greene/Greene Avenue Community Centre (Centre Greene)** | Seasons of Sharing
6. **Centre communautaire Le Rendez-Vous des Aînés** | Service Maintien des acquis à domicile (In-Home Skills Maintenance Service) | Cuisiner dans l'entraide et la bienveillance : des ingrédients à partager ! (Cooking in Community and Kindness: Ingredients to Share!)
7. **Centre communautaire Petite-Côte** | Independent, But Not Alone
8. **Chic Resto Pop MIAM!** | Food security and social connection for vulnerable seniors
9. **Cummings Centre Foundation** | Sensory Stimulation for Older Adults with Cognitive Impairment (Program part of the L'Espoir Dementia Day Program)
10. **Fondation de la Maison du Père** | La Maison en chanson, music program
11. **La Maison d'Aurore** | Senior Wellness Space | My HLM, a Community of Support
12. **LaSalle D&D 50+ Centre** | Fast Track French Support For Seniors
13. **Les Accordailles** | Specialized accompaniment
14. **Maison Saint Columba** | Senior Connections Program -Expanding Meals on Wheels with social supports
15. **Patro Villeray** | Caring for Villeray's Older Adults
16. **Resto Plateau** | A Living Environment Reflecting the Needs of Older Adults
17. **Saint-Antoine 50+ Community Centre** | Healthy Meals and Wellness Needs Program Expansion Project
18. **St. Andrew's Presbyterian Homes Foundation** | Senior Support Program | Saint Andrew Residential Centre Oral Hygiene Clinic
19. **The Desmarais Healing Art Foundation** | Biophilic Healing Art
20. **The Teapot 50+ Centre** | Technology, Outreach & Integration
21. **The Yellow Door (La porte jaune)** | Wellness Groups at the Yellow Door | Project VoisinAge
22. **Tyndale St-Georges Community Centre** | Senior Wellness Centre

COMMUNITY OF FUNDING RECIPIENTS

\$100,000 and over

1. **CIUSSS de l'Ouest-de-l'île-de-Montréal** | Enhancing Quality of Life for Residents Living in Long-Term Care (9 locations)
2. **Concordia University** | EngAGE Living Lab for Empowered Aging, Grace Dart Knowledge Mobilization Fund
3. **Contactivity Centre** | Care and Connection for older adults 60+ | Day Program for older adults with mild cognitive impairment and memory loss
4. **Dr Clown Foundation** | La Belle Visite with older adults: a relationship-centered and artistic approach
5. **La SAMS** | Bringing the Benefits of Music to the Vulnerable, Elderly and Those Living in Healthcare Environments
6. **McGill University** | "Dementia: Your Companion Guide" – Dementia Education Program, Faculty of Medicine | Dent ma maison, Faculty of Dentistry
7. **NOVA Home Care** | Home Support Program: Supporting Montreal's Vulnerable Seniors
8. **NOVA West Island** | Compassionate Support: Inclusive Activity Program for Seniors with Neurocognitive Disorders and their Families
9. **St. Mary's Hospital Foundation - Dr. Julia Chabot, Geriatrician** | Healing in Harmony: The Power of Immersive Music for Older Adults
10. **The Montreal Neurological Institute** | The Neuro-CareAxis Program: Transforming Specialty Care for Seniors



PARTNERS IN COMMUNITY COLLABORATIVE CARE



FINANCIALS AT A GLANCE

Grace Dart Foundation Year ended March 31, 2026

REVENUE, EXPENDITURES AND SURPLUS

Revenues	7,173,044
Expenditures	307,850
Distributions	2,551,728
Surplus, end of year	44,397,733

CASH FLOWS

Operating Activities	(2,294,156)
Investing Activities	2,276,136
Cash, end of year	410,242

FINANCIAL POSITION

Assets	44,454,982
Liabilities	57,249
Surplus	44,397,733

ACCOUNTS RECEIVABLE	16,385
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MARKETABLE SECURITIES AND CASH HELD FOR INVESTMENT	44,016,007
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GENERAL AND ADMINISTRATIVE EXPENDITURES	196,944
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For a more detailed financial picture, please refer to the audited financial report published on the website: fondationgracedart.org.

#COLLABORATIVE

#COMMUNITY

#CARE

Together, we are building a community where every senior thrives. Your generosity drives our mission forward. Join us — by giving, sharing our mission, or including us in your will — and help shape a better tomorrow.

Visit fondationgracedart.org/donate to make a difference.

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To our dedicated Board of Directors, our committed administrative team, our valued partners, and our generous donors — all united by a shared mission to support seniors with love and care in our community: thank you for your unwavering dedication.